Name _____

C1 **Wordlist** Unit 7

Navigate

Here is a list of useful or new words from Unit 7 of Navigate C1 Coursebook. You can insert your own translation.
Words marked with a key (🔑) all appear in the *Oxford 3000*.

adj = adjective *conj* = conjunction *phr v* = phrasal verb *phr* = phrase *pron* = pronoun
adv = adverb *n* = noun *pl* = plural *prep* = preposition *v* = verb

absurdly *adv* /əb'sɜːdli/	_____	Absurdly, none of the new cycle paths will pass through the main tourist area.
admittedly *adv* /əd'mɪtɪdli/	_____	Admittedly, it is not the original palace, but it is very beautiful.
apathetic *adj* /ˌæpə'θetɪk/	_____	I'm completely apathetic about politics.
apprehensive *adj* /ˌæprɪ'hensɪv/	_____	I'm always a bit apprehensive when I have to disagree with my boss about something.
astonished *adj* /ə'stɒnɪʃt/	_____	The last time I was astonished was when I won the award for employee of the month.
astonishingly *adv* /ə'stɒnɪʃɪŋli/	_____	Salamanca is an astonishingly beautiful city in the west of Spain.
awareness 🔑 *n* /ə'weənəs/	_____	Seventeen-year-olds have no awareness of the risks involved.
ban 🔑 *v* /bæn/	_____	Do you think we should ban cyclists from busy roads?
bark *v* /bɑːk/	_____	If your neighbour had a dog that barked all day and night, how would you react?
by the same token *phr* /baɪ ðə ˌseɪm 'təʊkən/	_____	They aren't hiring more staff this year and, by the same token, I don't think we'll get a pay rise.
consult 🔑 *v* /kən'sʌlt/	_____	When I travel I always consult advice websites for where to go.
contrary *adj* /'kɒntrəri/	_____	The contrary argument is that if you just save one life, it's worth it.
criticize 🔑 *v* /'krɪtɪsaɪz/	_____	What would you do if your boss criticized your work in front of your team?
cycle lane 🔑 *n* /'saɪkl leɪn/	_____	I love cycling in Germany because there are cycle lanes everywhere.
dedicated 🔑 *adj* /'dedɪkeɪtɪd/	_____	There should be dedicated cycle lanes on all main roads.
devastated *adj* /'devəsteɪtɪd/	_____	Alexander's family were devastated when he gave up a great job and became a clown.
dormant *adj* /'dɔːmənt/	_____	This kind of boss I call 'The Volcano'. Most of the time, they're dormant.
downhearted *adj* /ˌdaʊn'hɑːtɪd/	_____	I've felt downhearted since I lost the promotion.
embarrassment 🔑 *n* /ɪm'bærəsmənt/	_____	Embarrassment can make people avoid social situations, and even not go out at all.
envious *adj* /'enviəs/	_____	Well, when my sister bought a brand new car, I was a bit envious.
evidently *adv* /'evɪdəntli/	_____	Evidently, the cups in the breakfast room had not been washed since the night before.
eyesight *n* /'aɪsaɪt/	_____	As we get older, our eyesight gets worse.
fair enough *phr* /ˌfeə(r) ɪ'nʌf/	_____	'We all have to agree the rules, otherwise, it'll be chaos.' 'OK, fair enough.'
fall apart *phr* /fɔːl ə'pɑːt/	_____	Without reliable statistics, the arguments in favour of a new law may fall apart.
float along *v* /fləʊt ə'lɒŋ/	_____	If you don't give positive feedback, employees may simply float along.
fool 🔑 *v* /fuːl/	_____	Once again, you're fooled by your feelings.
frankly *adv* /'fræŋkli/	_____	£500? Frankly, I'm not really happy with that.

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frustrated *adj* /frʌ'streɪtɪd/	_____	I felt frustrated when my brand new laptop kept crashing.
get on (your) nerves *phr* /ˌget ɒn jɔː(r) 'nɜːvz/	_____	If my neighbour had a noisy dog it would really get on my nerves.
ghost *n* /gəʊst/	_____	She looked as if she had seen a ghost.
give (somebody) a lift *phr* /gɪv ˌsʌmbədi ə 'lɪft/	_____	Passing my exam gave me a lift. I feel hopeful about the future now.
grab an opportunity *phr* /græb æn ˌɒpə'tjuːnəti/	_____	Sometimes you have to grab an opportunity when it presents itself.
have an argument *phr* /həv ən 'ɑːgjumənt/	_____	I don't think my parents have ever had an argument in front of me.
heart of stone *n* /ˌhɑːt ɒv 'stəʊn/	_____	You'd have to have a heart of stone not to cry at the end of this film!
heated argument *n* /'hiːtɪd ˌɑːgjumənt/	_____	We'd end up having a heated argument.
helmet *n* /'helmɪt/	_____	Why didn't you wear a crash helmet?
ill-thought through *adj* /ˌɪl θɔːt 'θruː/	_____	Politicians often propose laws that are ineffective and ill-thought through.
in high spirits *phr* /ɪn 'haɪ ˌspɪrɪts/	_____	It was the first day of the holidays and the children were in high spirits.
in low spirits *phr* /ɪn 'ləʊ ˌspɪrɪts/	_____	We were in low spirits because it had been raining all day.
incidentally *adv* /ˌɪnsɪ'dentli/	_____	Incidentally, Berlin is very bike-friendly, so you could cycle everywhere.
incredibly *adv* /ɪn'kredəbli/	_____	Incredibly, the local teens jump off the bridge to go swimming in the water.
indifferent *adj* /ɪn'dɪfrənt/	_____	My manager is indifferent to my happiness at work.
invulnerable *adj* /ɪn'vʌlnərəbl/	_____	At seventeen we think we are invulnerable.
irritated *adj* /'ɪrɪteɪtɪd/	_____	The constant complaints from my housemates got me very irritated.
keep (your) temper *phr* /kiːp jə(r) 'tempə(r)/	_____	I'd try to keep my temper. It never helps to shout at people.
load (something) up *phr v* /ləʊd ˌsʌmθɪŋ 'ʌp/	_____	We loaded up our plates with as much food as possible at the buffet.
luckily *adv* /'lʌkɪli/	_____	We arrived at our hotel early, but, luckily, they let us check into our room.
lunatic *n* /'luːnətɪk/	_____	The woman said 'Well, I think it's time you stopped letting lunatics stay here!'
madman *n* /'mædmən/	_____	I had just told a guest that this VIP guy was a madman.
make a point of (doing something) *phr* /meɪk ə pɔɪnt əv 'duːɪŋ sʌmθɪŋ/	_____	Make a point of thanking people, even the office junior, when they help you.
make (an exception) *v* /meɪk ən ɪk'sepʃn/	_____	We might be able to make an exception in this case.
mandatory *adj* /'mændətəri/	_____	Several governments have made it mandatory for cyclists to wear helmets.
miraculously *adv* /mɪ'rækjələsli/	_____	Miraculously, everyone survived the train crash.
mortified *adj* /'mɔːtɪfaɪd/	_____	I'd be so mortified, I wouldn't know what to say.
negotiate *v* /nɪ'gəʊʃieɪt/	_____	In certain countries, you can try negotiating the price of food in markets.
newsworthy *adj* /'njuːzwɜːði/	_____	When a particularly newsworthy crime happens, the politicians rush to make changes.
praise *v* /preɪz/	_____	If you praise somebody, and that person goes red, you're more likely to find that person trustworthy.

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predictably *adv* /prɪˌdɪktəbli/	_____	Predictably, the city suffers badly from traffic congestion.
reach consensus *v* /riːtʃ kən'sensəs/	_____	This type of boss always tries to reach consensus in their team.
reasonable *adj* /'riːznəbl/	_____	She is a reasonable person, and you have always got on well with her.
regrettably *adv* /rɪ'gretəbli/	_____	Regrettably, I didn't have enough time to see the city properly.
relieved *adj* /rɪ'liːvd/	_____	I was very relieved when my ten-year-old son arrived home yesterday evening.
rim *n* /rɪm/	_____	The rims of the cups were covered in bright pink lipstick!
roller coaster of emotions *phr* /ˌrəʊlə(r) ˌkəʊstə(r) əv ɪ'məʊʃnz/	_____	I experience a roller coaster of emotions when I watch my favourite team play.
rush into *v* /'rʌʃ ˌɪntə/	_____	I don't like to rush into decisions.
scrumptious *adj* /'skrʌmpʃəs/	_____	The sardines they serve are really scrumptious.
self-conscious *adj* /ˌself 'kɒnʃəs/	_____	In your teens, you're often self-conscious about your appearance.
sound *adj* /saʊnd/	_____	You can trust Henry – he's a sound guy.
speed limit *n* /'spiːd ˌlɪmɪt/	_____	I know it sounds crazy, but I would say: increase the speed limits.
stormy *adj* /'stɔːmi/	_____	I have a stormy relationship with my dad – we are always falling out.
sympathetic *adj* /ˌsɪmpə'θetɪk/	_____	I don't think I'm very sympathetic – I rarely have people telling me their problems.
take by surprise *phr* /teɪk baɪ sə'praɪz/	_____	It took me completely by surprise when my boyfriend proposed while we were on holiday.
take personally *phr* /teɪk 'pɜːsənəli/	_____	Katya is always unfriendly with people she doesn't know – don't take it personally.
theoretically *adv* /ˌθɪə'retɪkli/	_____	Theoretically, you can rent a car to get around the region, but I would advise against it.
think straight *phr* /θɪŋk streɪt/	_____	For a minute, I couldn't think straight.
think twice *phr* /θɪŋk twaɪs/	_____	You should think twice before making life-changing choices.
turn up *phr v* /'tɜːn ʌp/	_____	How would you feel if you turned up at a party wearing different clothes to everyone else?
typically *adv* /'tɪpɪkli/	_____	Typically in parts of Spain, a little plate of food is provided when you order a drink.
uncomfortable *adj* /ʌn'kʌmftəbl/	_____	It makes me uncomfortable to see families living in poor conditions.
ups and downs *phr* /ʌps ən 'daʊnz/	_____	His career has had some spectacular ups and downs.
walk on eggshells *v* /wɔːk ɒn 'egʃelz/	_____	Everybody's productivity is reduced when they're walking on eggshells all the time.

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